

2η ημερίδα πρόκρισης επιλέκτων OPEN WATER
Λάρνακα 14/1/24



Αποτελέσματα 5.000 κατηγορίας Ν.Ανδρών (2005 - 2006)

Όριο επιλέκτων 1:00:50,00

| | | 500 | 1.000 | 1.500 | 2.000 | 2.500 | 3.000 | 3.500 | 4.000 | 4.500 | 5.000 |
|---------------------------|----------------------|------------|------------------------|------------------------|------------------------|------------------------|------------------------|------------------------|------------------------|------------------------|-------------------------------|
| Εργατούδης Γιάννης | 2006 Ν.Ο.Λεμεσού | 0:06:04,50 | 0:12:01,50 05:57,00 | 0:17:53,50 05:52,00 | 0:23:48,50 05:55,00 | 0:29:41,50 05:53,00 | 0:35:35,50 05:54,00 | 0:41:29,50 05:54,00 | 0:47:25,50 05:56,00 | 0:53:17,50 05:52,00 | 0:59:06,50 05:49,00 |
| Ροδόλφου Ροδόλφος | 2006 Ν.Ο.Κωνσταντίας | 0:06:05,52 | 0:12:18,20 06:12,68 | 0:18:42,27 06:24,07 | 0:25:12,37 06:30,10 | 0:31:44,23 06:31,86 | 0:38:07,80 06:23,57 | 0:44:37,03 06:29,23 | 0:51:16,90 06:39,87 | 0:57:58,87 06:41,97 | 1:04:44,62 06:45,75 |

Αποτελέσματα 5.000 κατηγορίας Εφήβων (2007 - 2008)

Όριο επιλέκτων 1:03:20,00

| | | 500 | 1.000 | 1.500 | 2.000 | 2.500 | 3.000 | 3.500 | 4.000 | 4.500 | 5.000 |
|-----------------------------|----------------------|------------|------------------------|------------------------|------------------------|------------------------|------------------------|------------------------|------------------------|------------------------|-------------------------------|
| Χατζηωνιάς Κυριάκος | 2007 Ν.Ο.Αμμοχώστου | 0:06:04,50 | 0:12:01,50 05:57,00 | 0:18:05,50 06:04,00 | 0:24:15,50 06:10,00 | 0:30:25,50 06:10,00 | 0:36:42,50 06:17,00 | 0:42:55,50 06:13,00 | 0:49:16,50 06:21,00 | 0:55:37,50 06:21,00 | 1:01:53,50 06:16,00 |
| Νούρου Αλέξανδρος | 2008 Ν.Ο.Κωνσταντίας | 0:06:15,85 | 0:12:37,39 06:21,54 | 0:18:58,00 06:20,61 | 0:25:20,63 06:22,63 | 0:31:44,43 06:23,80 | 0:38:06,58 06:22,15 | 0:44:33,27 06:26,69 | 0:51:04,39 06:31,12 | 0:57:40,23 06:35,84 | 1:04:13,95 06:33,72 |
| Παπανικόλας Δημήτρης | 2008 Ν.Ο.Πάφου | 0:06:32,11 | 0:13:25,37 06:53,26 | 0:20:18,36 06:52,99 | 0:27:15,33 06:56,97 | Σταμάτησε | | | | | |

Αποτελέσματα 5.000 κατηγορίας Νεανίδων (2007 - 2008)

Όριο επιλέκτων 1:10:00,00

| | | 500 | 1.000 | 1.500 | 2.000 | 2.500 | 3.000 | 3.500 | 4.000 | 4.500 | 5.000 |
|-------------------------|------------------|------------|------------------------|------------------------|------------------------|------------------------|------------------------|------------------------|------------------------|------------------------|-------------------------------|
| Επιφανίου Σεμέλη | 2008 Ν.Ο.Λεμεσού | 0:06:42,24 | 0:13:29,34 06:47,10 | 0:20:21,02 06:51,68 | 0:27:19,17 06:58,15 | 0:34:14,83 06:55,66 | 0:41:17,02 07:02,19 | 0:48:19,89 07:02,87 | 0:55:25,46 07:05,57 | 1:02:25,74 07:00,28 | 1:09:22,10 06:56,36 |

Αποτελέσματα 3.000 κατηγορίας Παίδων (2009 - 2010)

Όριο επιλέκτων 0:42:00,00

| | | 500 | 1.000 | 1.500 | 2.000 | 2.500 | 3.000 |
|----------------------------|----------------------|------------|------------------------|------------------------|------------------------|------------------------|-------------------------------|
| Αγαθαγέλου Ανδρέας | 2009 Ν.Ο.Κερύνειας | 0:06:26,03 | 0:12:49,31 06:23,28 | 0:19:12,71 06:23,40 | 0:25:39,63 06:26,92 | 0:31:58,69 06:19,06 | 0:38:14,93 06:16,24 |
| Νούρου Στέφανος | 2010 Ν.Ο.Κωνσταντίας | 0:06:35,83 | 0:13:14,00 06:38,17 | 0:19:48,91 06:34,91 | 0:26:22,37 06:33,46 | 0:32:58,94 06:36,57 | 0:39:24,47 06:25,53 |
| Παπανικόλας Χρήστος | 2010 Ν.Ο.Πάφου | 0:06:34,50 | 0:13:13,65 06:39,15 | 0:19:49,00 06:35,35 | 0:26:46,73 06:57,73 | 0:33:36,33 06:49,60 | 0:40:23,57 06:47,24 |