

CYPRUS SWIMMING MARATHON FOR MASTERS



PROTARAS - CYPRUS 6 October 2024

DATE

6th October 2024

ORGANISERS

The event is organised by the Cyprus Swimming Federation with the support of the Municipality of Paralimni.

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LOCATION

Open sea area in front of Vrissi, Protaras Beach.

Vrissi beach is one of the most popular in Protaras and an awarded beach for its natural shallow water beauty.

RULES

The event will be conducted in accordance to FINA Open Water Swimming Rules and Regulations.

DISTANCE

2.5km for women and men 25 years and older



CATEGORIES

Category A: 25-29 30-34 Category B: Category C: 35-39 Category D: 40-44 45-49 Category E: Category F: 50-54 Category G: 55-59 Category H: 60-64 Category I: 65-69 Category J: 70-74 75-79 etc Category K:

HEALTH CERTIFICATE / DECLARATION FORM

All participants must be in good health and assume full responsibility for their participation by signing a declaration form.

PARTICIPATION FEE

Before the start of the race each competitor must present to the Secretariat a valid passport or identity card and pay a participation fee of €30.

PRIZES

Cup and medal for the 1st place athletes and medals for the 2nd and 3rd place athletes for each age category.

TIME LIMIT

The time limit of 15 minutes from the finish time of the first swimmer in each age category, will be applied.

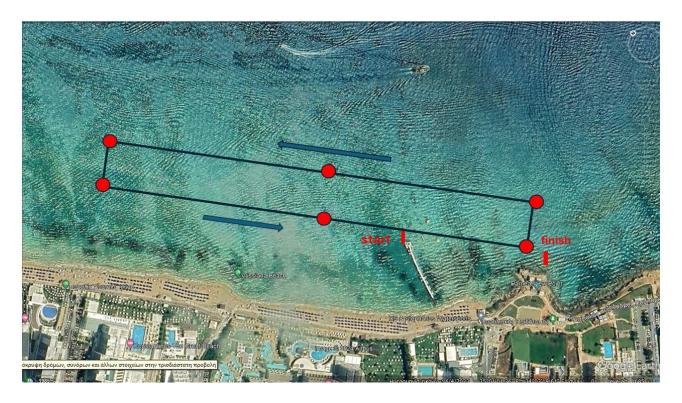
COURSE

The starting point will be on the platform as shown in the picture below, it is located approximately 150-170 metres from the first turn.

The finish will be in front of the meeting point.

The route is in the shape of a rectangle square 1150 meters (as shown below).

Water temperature expected between 24°-26° C. The water depth will be between 2 and 4 meters.



ENTRIES

All entries must be submitted before Friday 20th of September 2024.

SCHEDULE

09.15 Registration

10.30 Registration closing

10.40 Briefing of athletes

10.50 Swimmers' presentation

11.00 Start for 2.5km men

11.05 Start for 2.5km women

12.30 Awards ceremony



CYPRUS SWIMMING MARATHON Protaras, 6 October 2024

ENTRY FORM 2.5km (FOR MASTERS)

Please return this form not later than the 20th of September 2024 by Email: koek@logos.cy.net

Name:
Nationality: Male: Female:
Date of birth: ID or Passport No:
E-mail
Phone: Mobile:
DECLARATION
I hereby declare that am aware of and appreciate the inherent risks involved in such competition and that I have recently been examined by a doctor. I am absolutely fit and healthy to participate in the above event.
The Cyprus Swimming Federation is not liable for any personal injury or any injury inflicted to other contestants from my mistake before, during or at the end of the events, or for any loss or damage to personal belongings.
Signature: Date:

- Copy of the passport or I.D. card must be sent with this Form
- Before the start of the race each competitor must present to the Secretariat a valid passport or identity card and pay a participation fee of €30.