



International Swim Met 2016

12 – 13 November 2016

Organizer



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INTERNATIONAL SWIM MEET 2016

- 2 DAYS SWIM MEETING
- 150 ATHLETES – PARTICIPANTS FROM ABROAD AND CYPRUS
- PARTICIPANTS INCLUDE OLYMPIC MEDALISTS AND WORLD CLASS SWIMMERS.
- PROMOTION THROUGH MEDIA.

Following last years success The Limassol Nautical Club organizes for the 3nd consecutive year the “International swim meet 2016”

The meet will take place at the ‘Limassol Olympic Swimming Pool’ on the 12-13 of November 2016. It will be under the auspices of the Cyprus Swimming Federation and it will be run under the rules and regulations of FINA.

The pool is equipped with Omega starting blocks and electronic timing (daktronics timing system)

The meet will be attended by a big number of competitors and spectators from Cyprus and abroad as well as elite level swimmers with Olympic and world medals .



INTERNATIONAL SWIM MEET 2016

Details

1. The International Swim Met is organized by Limassol Nautical Club, in association with Cyprus Swimming Federation at Limassol Olympic Swimming pool (50 m.) and it will be run under the rules and regulations of FINA.
2. *The pool is equipped with Omega starting blocks and electronic timing (daktronics timing system)*
3. Each athlete may participate in not more than 4 individual events and at any number of relays.
4. For the athletes members of the Cypriot Clubs, participation will be possible provided qualifying times of the Cyprus Swimming Association (open category) for men or women are achieved, from 1/11/2015 until 30/09/2016.
5. Each club can participate with maximum 2 teams in each relay.
6. All events will be held in final series, without preliminaries.
7. Athletes will be ranked in each event according the best time recorded from 1/11/2015 until 30/09/2016.
8. First three Winners of each event will be awarded with medals and the best male and female swimmers, according to FINA points, will be rewarded with a special trophy..
9. Participations must be sent to Cyprus Swimming Federation at koek@logos.cy.net latest by 3/11/2016 at 10:00 morning (Cyprus Time).
10. Participation fee : € 10 / athlete.
11. The program is as follows:



INTERNATIONAL SWIM MEET 2016 – PROVISIONAL PROGRAM

SATURDAY– PROVISIONAL PROGRAM

1.	100m	Free	Men
2.	100µm	Free	Women
3.	400m	IM	Men
4.	400m	IM	Women
5.	50m	Breast stroke	Men
6.	50m	Breast stroke	Women
7.	100m	Back stroke	Men
8.	100m	Back stroke	Women
9.	4X100m	Free	Men
10.	4X100m	Free	Women
11.	1500m	Free	Men
12.	100m	Breast stroke	Women
13.	100m	Breast stroke	Men
14.	100m	Butterfly	Women
15.	100m	Butterfly	Men
16.	200m	Free	Women
17.	200m	Free	Men
18.	50m	Back stroke	Women
19.	50m	Back stroke	Men



INTERNATIONAL SWIM MEET 2015 – PROVISIONAL PROGRAM

SUNDAY– PROVISIONAL PROGRAM

1.	200m	Breast stroke	Women
2.	200m	Breast stroke	Men
3.	50m	Butterfly	Women
4.	50m	Butterfly	Men
5.	200m	Back Stroke	Women
6.	200m	Back Stroke	Men
7.	800m	Free	Women
8.	4X200m	Free	Men
9.	4X200m	Free	Women
10.	50m	Free	Men
11.	50m	Free	Women
12.	200m	IM	Men
13.	200m	IM	Women
14.	400m	Free	Men
15.	400m	Free	Women
16.	200m	Butterfly	Women
17.	200μ	Butterfly	Men
18.	4X100m	Medley	Men
19.	4X100μ.	Medley	Women



INTERNATIONAL SWIM MEET 2016 - ACCOMMODATION

Participants will be able to stay at 'Tsanotel' in Limassol or in Park Beach Hotel, where special packages will be offered.

All bookings, regarding the recommended hotel, will be done through the hotel:

Tsanotel

Tel: +357 25322667, fax: +357 25321007

Email: info@tsanotel.com

Park Beach Hotel

Tel: +357 25321301, fax: +357 25323755

Email: info@parkbeach.cy.net



INTERNATIONAL SWIM MEET 2016 – CONTACT DETAILS

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'Limassol Olympic Swimming Pool'

- Central athletics hall.
- Communications office
- Doping control office
- Clinic
- Secretary office
- Changing rooms, lockers
- Swimming pool 50 meters with 8 lanes.
- Swimming pool 23 meters with 6 lanes for warming up.
- Omega starting blocks and electronic timing (daktronics timing system)

