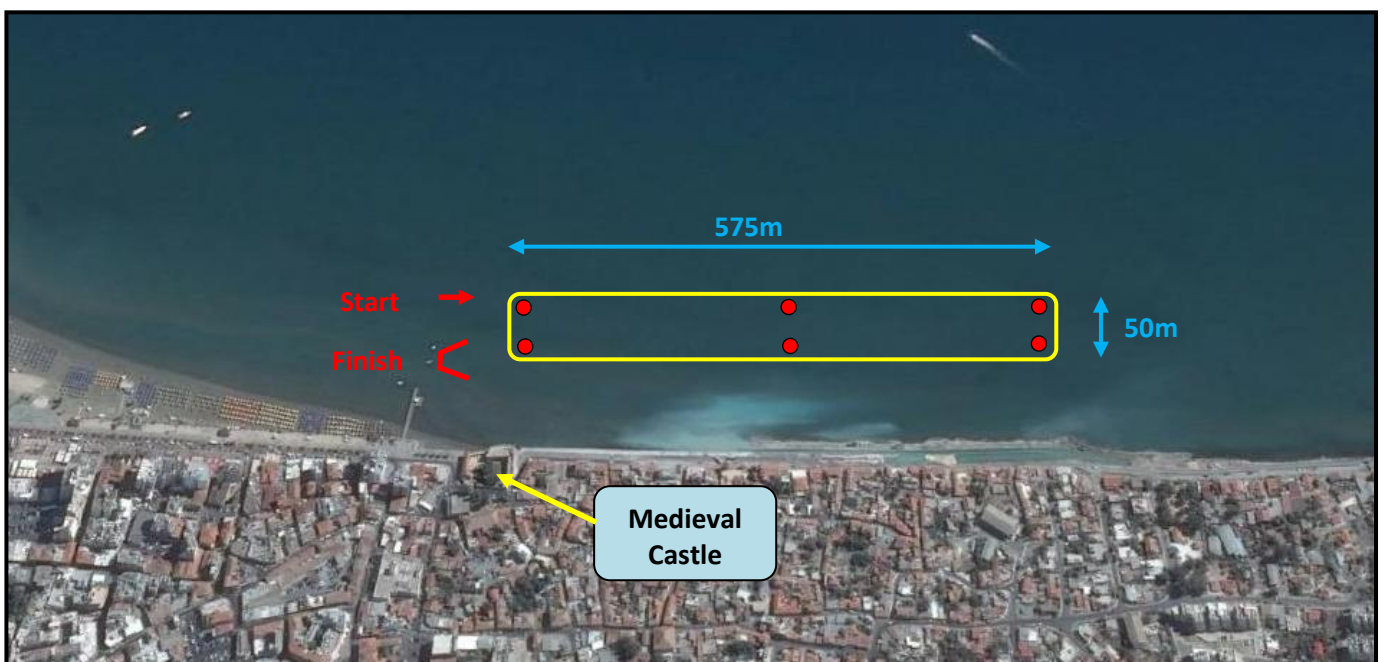




INTERNATIONAL OPEN WATER SWIMMING MARATHON 2,5 KM

3 OCTOBER 2015, LARNACA

1. The race will take place during the **11th Cyprus International Swimming Marathon**, which will also host the final leg of **European Open Water Swimming Cup (LEN)** and the **Mediterranean Open Water Swimming Cup (COMEN)**.
2. Men and women born in 2001 or earlier are eligible to participate.
3. The event will be governed by FINA and LEN rules and regulations.
4. The meeting area for the swimmers will be on the beach right next to the small wooden pier near the Medieval Castle on Phinikoudes beach in Larnaca.
5. The start of the race will take place in the sea in front of the wooden pier. The course will be 1250m long clearly marked as per the diagram below:



6. All participants aged 18 years and older must be in good health and assume full responsibility for their participation by signing a declaration form. All swimmers under 18 years of age must have a valid Cyprus Sports Organization health certificate (ASYA).
7. The program is as follows:

09.30	Registration and warm-up
10.30	Registration closing
10.50	Last briefing
11.10	Start of 2.5km race
12.30	Awards ceremony
8. Male and female swimmers will be ranked separately according to the following categories:

Category A: Born in 1995 - 2001
Category B: Born in 1975 - 1994
Category C: Born in 1974 and earlier
9. Trophies will be awarded to the first men and women in each category. Medals will be awarded to the top three men and women in each category.
10. Before the start of the race each competitor must present to the Secretariat a valid passport or identity card and pay a participation fee of €20.
11. All swimmers registered with the Cyprus Swimming Federation that have a valid annual card as well as a valid Cyprus Sports Organisation health certificate may be registered for free by their swimming clubs.
12. Entry forms can be downloaded from the website of the Cyprus Swimming Federation **www.koek.org.cy** or can be sent upon request by calling 22449840. All entries must be submitted before **Monday, 21 September 2015, 12:00 noon.**



INTERNATIONAL OPEN WATER SWIMMING MARATHON 2,5 KM

**LARNACA
3 OCTOBER 2015**

INDIVIDUAL ENTRY FORM

Name: Surname:

Date of Birth: Nationality:

Telephone: Email:

ID or Passport No:

DECLARATION

I hereby declare that am aware of and appreciate the inherent risks involved in such competition and that I have been examined by a doctor recently and I am absolutely fit and healthy to participate in the race. I certify that the Cyprus Swimming Federation is not liable for any personal injury or any injury inflicted to other contestants from my mistake before, during or at the end of the race.

Date: Signature:

Please return this form not later than Monday, 21 September 2015, 12.00 noon, either by fax: 00 357 22449842 or by email: koek@logos.cy.net

Before the start of the race each competitor must present to the Secretariat a valid passport or identity card and pay a participation fee of €20.