



MEDITERRANEAN OPEN WATER SWIMMING CUP (COMEN)



CYPRUS NATIONAL OPEN WATER SWIMMING CUP

**PROTARAS – CYPRUS
4 - 5 October 2025**

Dear Friends,

The Cyprus Swimming Federation is pleased to invite you to participate in the **Mediterranean Open Water Swimming Cup (COMEN)**, which will be held in Protaras, Cyprus, on 4–5 October 2025. This event will take place simultaneously with the **Cyprus National Open Water Swimming Cup**.

ORGANISERS

The event is organised by the Cyprus Swimming Federation with the support of the Municipality of Paralimni - Derynia.

Cyprus Swimming Federation

Contact person: Mrs Maria Loizidou Kyriacou
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Telephone: +357 22449841
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LOCATION

The event will be held in the open sea area in front of Vrissi Beach in Protaras, Cyprus. Protaras is a popular tourist resort located near the town of Paralimni on the southeastern coast of Cyprus, at the eastern edge of the beautiful Mediterranean Sea. Best known for its scenic coastline with stunning sandy beaches and sparkling crystal turquoise waters, it is a popular destination across Europe for families with children and those seeking a relaxed vacation.



While Protaras has a rich history dating back to ancient Greek times, most of its historical architecture has disappeared over time due to various rulerships. This once quaint fishing village

has transformed over the past few decades into a bustling tourist resort, featuring numerous hotels, restaurants, and lively beach bars.



Vrissi Beach, located in Protaras, is one of the most popular beaches in Cyprus. It has been awarded the Blue Flag for the excellent quality of its clear waters, fine golden sand, and the facilities available to visitors.



RULES

The event will be conducted in accordance with the World Aquatics and COMEN Open Water Swimming Rules and Regulations.

ELIGIBILITY

Age Group A: Boys and Girls, aged 14–15 (born in 2010 and 2011).

Age Group B: Boys and Girls, aged 16–17 (born in 2008 and 2009).

EVENTS

1,25 km for boys & girls born 2013-2014

2,5 km for boys & girls born 2012

2,5 km for masters born 2000 and older

5 km for men & women born 2011 and older

5 km for men & women

7,5 km for men & women

5 km (4 x 1,25km) mixed relay

5 km (4 x 1,25km) mixed relay

Cyprus National OW Swimming Cup

Cyprus National OW Swimming Cup

Cyprus National OW Swimming Cup

Cyprus National OW Swimming Cup

Age Group A' COMEN OW Swimming Cup

Age Group B' COMEN OW Swimming Cup

Age Group A' COMEN OW Swimming Cup

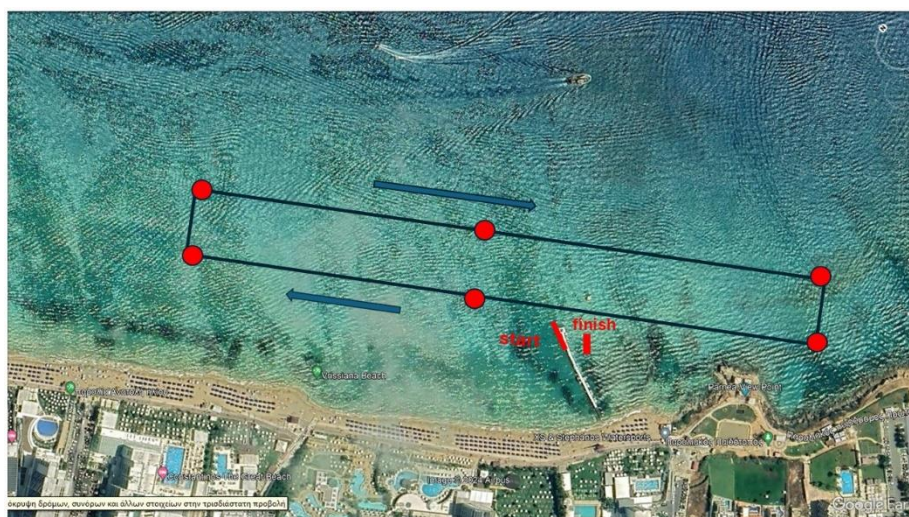
Age Group B' COMEN OW Swimming Cup

TIME LIMITS

- For the 5 km individual and relay events, a time limit of 15 minutes from the finish time of the first swimmer will be applied.
- For the 7.5 km individual event, a time limit of 30 minutes from the finish time of the first swimmer will be applied.

COURSE

- The starting point will be on the platform (as shown in the image below) and is located approximately 150–170 meters from the first turn.
- The finish will be in front of the meeting point, near the platform.
- The route is rectangular and measures 1,250 meters in total, as illustrated below.
- Water temperature is expected to be between 24°C and 26°C.
- The water depth will range from 2 to 4 meters.



PROGRAMME

Friday, 03/10/2025

18:00 Technical Meeting

Saturday, 04/10/2025

06:15 Registration for 5 km - **COMEN and National**
06:45 Briefing of Judges
06:45 Registration closing
06:55 Last briefing
07:05 Swimmers' presentation
07:15 Start of 5 km for men - **COMEN and National**
07:20 Start of 5 km for women - **COMEN and National**

08:00 Registration for 5 km (4 x 1,25 km) mixed relay - **COMEN Age Group B'**
08:30 Registration closing
08:40 Last briefing
08:50 Swimmers' presentation
09:00 Start of 5 km (4 x 1,25 km) mixed relay - **COMEN Age Group B'**

08:50 Registration for 1,25 km and 2,5 km - **Cyprus Marathon**
09:50 Registration closing
10:00 Last briefing
10:15 Swimmers' presentation for 1,25 km
10:30 Start of 1,25 km boys - **Cyprus Marathon**
10:35 Start of 1,25 km girls - **Cyprus Marathon**
10:50 Swimmers' presentation for 2,5 km
11:00 Start of 2,5 km boys - **Cyprus Marathon**
11:05 Start of 2,5 km girls - **Cyprus Marathon**
12:30 Awards ceremony

Sunday, 05/10/2025

06:15 Registration for 7,5 km - **COMEN**
06:45 Briefing of Judges
06:45 Registration closing
06:55 Last briefing
07:05 Swimmers' presentation
07:15 Start of 7,5 km men - **COMEN**
07:20 Start of 7,5 km women - **COMEN**

08:15 Registration for 5 km (4 x 1,25 km) mixed relay - **COMEN Age Group A'**
08:45 Registration closing
08:55 Last briefing
09:05 Swimmers' presentation
09:15 Start of 5 km (4 x 1,25 km) mixed relay - **COMEN Age Group A'**

09:15 Registration for 2,5 km - **Men & Women Masters**
10:30 Registration closing
10:40 Last briefing
10:50 Swimmers' presentation
11:00 Start of 2,5 km - **Men Masters - Cyprus Marathon**
11:05 Start of 2,5 km - **Women Masters - Cyprus Marathon**
12:30 Awards ceremony

PRIZES

As per COMEN regulations

ACCOMMODATION

The hotel is conveniently located within walking distance of the competition venue. Prices are quoted per person, per day for full board accommodation (meals only; drinks are not included). The rates are as follows:

Kapetanios Bay Hotel ***

Address: Protara 3, Paralimni 5288

Phone: +357 23 831170

800 meters walking distance from venue)



Single room : 170.00 Euros

Double room : 140.00 Euros

Triple room : 130.00 Euros

OFFICIAL AIRPORT

Larnaca International Airport (LCA), located 66 km from Protaras, is approximately a 50-minute drive away.

PAYMENT

A 50% deposit of the accommodation cost must be paid by 4 July 2025, and the remaining balance must be paid by 5 September 2025. Please pay only by wire transfer to the following account:

Name: CYPRUS SWIMMING FEDERATION
Bank: Bank of Cyprus
IBAN: CY02 0020 0195 0000 3570 0983 4929
SWIFT BIC: BCYPCY2N
Subject: SWIMMING MARATHON 2025

TRANSPORTATION

Transportation between Larnaca International Airport and the official hotel will be provided free of charge only for guests who book their accommodation through the Cyprus Swimming Federation.

OFFICIAL DATES

Arrival: 3 October 2025

Departure: 6 October 2025

DATES TO REMEMBER

Preliminary entry and accommodation form with 50% prepayment: 04/07/2025

Final accommodation and travel form with balance payment: 05/09/2025

Final entry and delegation forms: 19/09/2025



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PROTARAS, 4 - 5 OCTOBER 2025

PRELIMINARY ENTRY & ACCOMMODATION FORM

*Please return this form by email to koek@logos.cy.net
no later than July 4, 2025.*

Federation:

Country Code: Contact Person:

E-mail

Phone: Mobile:

COMPOSITION OF DELEGATION

	Male	Female
Swimmers		
Coaches		
Officials		
Total		

ROOMS REQUIRED

	Number of Rooms	In	Out	Total Nights
Single				
Double				
Triple				

President or General Secretary:

Date: Signature and Stamp:



MEDITERRANEAN OPEN WATER SWIMMING CUP (COMEN)

PROTARAS, 4 - 5 OCTOBER 2025

FINAL ACCOMMODATION AND TRAVEL FORM

*Please return this form by email to koek@logos.cy.net
no later than September 5, 2025.*

Federation:

Country Code: Contact Person:

E-mail

Phone: Mobile:

TRAVEL DETAILS

	Date	Time	Flight No	Arriving from	No of Persons
Arrival					

	Date	Time	Flight No	Departing to	No of Persons
Departure					

ROOMS REQUIRED

Single: persons x € x nights = €

Double: persons x € x nights = €

Triple: persons x € x nights = €

Total: €

Please pay by transfer to the following account:

Beneficiary: CYPRUS SWIMMING FEDERATION

Bank: Bank of Cyprus

IBAN: CY02 0020 0195 0000 3570 0983 4929

SWIFT BIC: BCYPCY2N

Subject: SWIMMING MARATHON 2025

President or General Secretary:

Date: Signature and Stamp:



MEDITERRANEAN OPEN WATER SWIMMING CUP (COMEN)

PROTARAS, 4 - 5 OCTOBER 2025

FINAL ENTRY FORM

**Please return this form by email to koek@logos.cy.net
no later than September 19, 2025.**

Federation:

Country Code: **Contact Person:**

E-mail

Phone: **Mobile:**

5 KM (4 X 1.25 KM) MIXED RELAY: AGE GROUP A'

Name	Surname	Date of Birth

5 KM (4 X 1.25 KM) MIXED RELAY: AGE GROUP B'

Name	Surname	Date of Birth

President or General Secretary:

Date: **Signature and Stamp:**



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PROTARAS, 4 - 5 OCTOBER 2025

FINAL ENTRY FORM

**Please return this form by email to koek@logos.cy.net
no later than September 19, 2025.**

Federation:

Country Code: **Contact Person:**

E-mail

Phone: **Mobile:**

5 KM MEN		
Name	Surname	Date of Birth

5 KM WOMEN		
Name	Surname	Date of Birth

President or General Secretary:

Date: **Signature and Stamp:**



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PROTARAS, 4 - 5 OCTOBER 2025

FINAL ENTRY FORM

*Please return this form by email to koek@logos.cy.net
no later than September 19, 2025.*

Federation:

Country Code: Contact Person:

E-mail

Phone: Mobile:

7,5 KM MEN		
Name	Surname	Date of Birth

7,5 KM WOMEN		
Name	Surname	Date of Birth

President or General Secretary:

Date: Signature and Stamp:



MEDITERRANEAN OPEN WATER SWIMMING CUP (COMEN)

PROTARAS, 4 - 5 OCTOBER 2025

TEAM DELEGATION FORM

**Please return this form by email to koek@logos.cy.net
no later than September 19, 2025.**

Federation:

Country Code: **Contact Person:**

E-mail

Phone: **Mobile:**

TEAM DELEGATION

Name	Surname	Gender	Passport No	Birthday	Function

President or General Secretary:

Date: **Signature and Stamp:**