



# EUROPEAN OPEN WATER SWIMMING CUP FINAL LEG (LEN)



## LARNACA, CYPRUS 3-4 October 2015



Dear Friends,

The Cyprus Swimming Federation is pleased to invite you to participate in the **European Open Water Swimming Cup Final Leg (LEN)** to be held in Larnaca, Cyprus, on 3-4 October 2015.

### **ORGANISERS**

The event is organised by the Cyprus Swimming Federation with the support of the Municipality of Larnaca.

Contact Person: Mrs Maria Kyriakou  
Postal address: P.O. Box 23931, 1687 Nicosia, Cyprus  
Phone: +357 22449841  
Fax: +357 22449842  
Email: [koek@logos.cy.net](mailto:koek@logos.cy.net)  
Website: [www.koek.org.cy](http://www.koek.org.cy)

### **LOCATION**

Open sea area in front of Phinikoudes Beach, City of Larnaca.

The city of Larnaca is located on the southern coast of Cyprus, with a population of approximately 95,000 and is the third largest city after Nicosia and Limassol. It is home to the island's largest airport, Larnaca International Airport, which is located on the outskirts of the city to the south with excellent road links to the whole of the island. Larnaca also has the island's second largest commercial port and a marina, which are two of the four official entry points by sea into Cyprus.

Larnaca Salt Lake is a distinctive and picturesque landmark, consisting of a network of four salt lakes of different sizes, with an overall surface area of 2.2km<sup>2</sup>, located just off the road leading to the airport. It is considered one of the most important wetlands of Cyprus and has been declared a special protected area and is a prominent domain for wild birds. The lake is home to 85 species of water birds and is a primary migratory passage through Cyprus. It is visited by flocks of pink flamingos that reside there from November until the end of March.

The city also has a number of other landmarks, which include the Church of Saint Lazarus; the Catacomb of Phaneromeni Church; Hala Sultan Tekke; Kamares Aqueduct and the Fort of Larnaca. Additionally, Larnaca has a Municipal Theatre and an Art Gallery.

The beautiful seafront promenade, Phinikoudes, is not only lined with palm trees, but also an array of popular seafood restaurants, bars and cafés predominantly visited by tourists.

### **RULES**

The event will be conducted in accordance with FINA Open Water Swimming Rules and LEN Rules and Regulations.

### **ELIGIBILITY**

Men and women, 15 years and older.

### **DISTANCE**

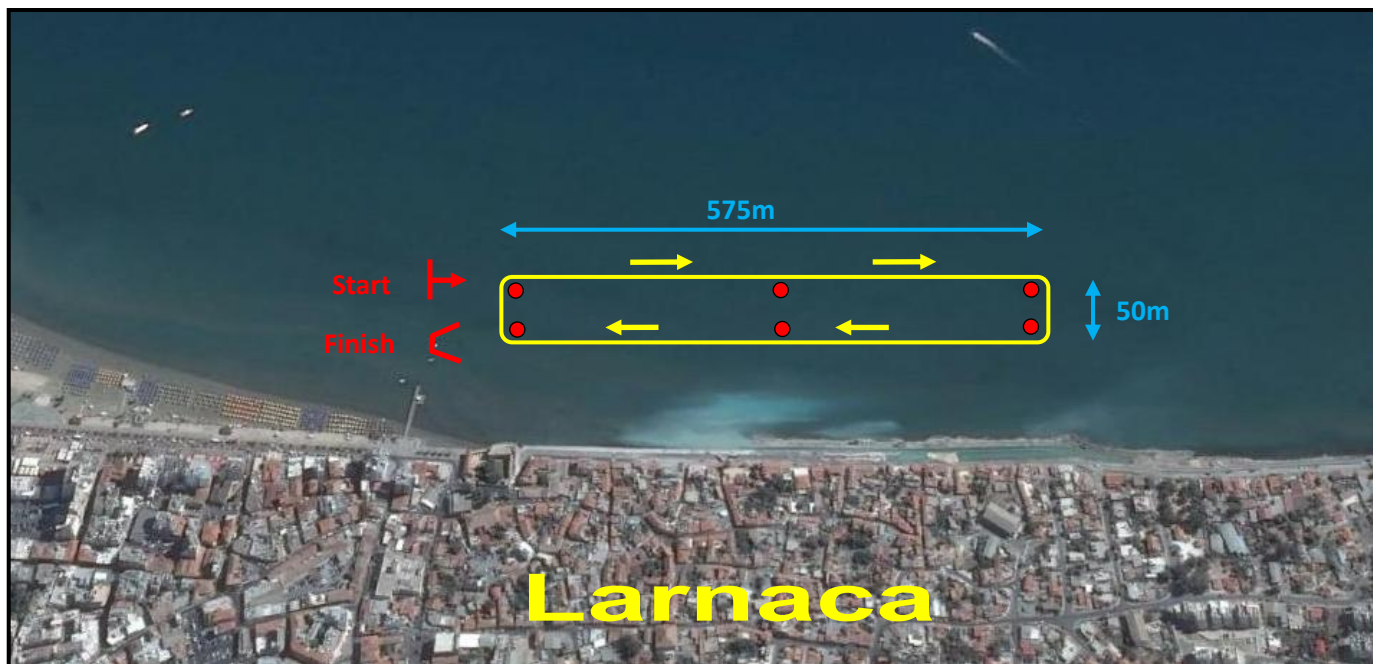
5 km individual time trial for men & women  
10 km individual for men & women

## COURSE

1250m long clearly marked as per the diagram below

Water temperature expected between 23°-26° C

The water depth will be between 2 and 4 meters



## SCHEDULE

### Friday, 02/10/2015

19.00 Technical Meeting

### Saturday, 03/10/2015

06.45 Registration and warm-up for 10km

07.30 Registration closing

07.40 Last briefing

07.50 Swimmers' presentation

08.00 Start of 10km race for men

08.10 Start of 10km race for women

12.30 Awards ceremony

### Sunday, 04/10/2015

06.45 Registration and warm-up for 5km time trial

07.30 Registration closing

07.40 Last briefing

07.50 Swimmers' presentation

08.00 Start of 5km time trial race for men and women

12.30 Awards ceremony

## PRIZES

Medal for the 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place athletes in 5km and 10km men and women.



## **ACCOMMODATION**

All hotels are within a short walking distance from the competition venue. Prices are per person per day full board (no drinks included) as follows:

### **Sun Hall Hotel \*\*\*\* (beach front)**

Single room : 170.00 Euros  
Double room : 130.00 Euros  
Triple room : 120.00 Euros



### **Livadhiotis City Hotel**

Single room : 130.00 Euros  
Double room : 110.00 Euros  
Triple room : 100.00 Euros



### **Atrium Zenon Hotel Apts**

Single room : 120.00 Euros  
Double room : 100.00 Euros  
Triple room : 90.00 Euros



Room numbers are limited in each hotel and they will be allocated on a first come first serve basis. Cancellations within 15 days prior to arrival will be subject to 50% cancellation fee. Cancellations within 7 days prior to arrival will be subject to 100% cancellation fee.

## **PAYMENT**

A 50% deposit of the accommodation costs must be paid until the 20<sup>th</sup> of August 2015 and the remaining balance must be paid until the 10<sup>th</sup> of September 2015.

Please pay only by wire transfer to the following account:

Beneficiary: CYPRUS SWIMMING FEDERATION  
Bank: Bank of Cyprus  
IBAN: CY02 0020 0195 0000 3570 0983 4929  
SWIFT BIC: BCYPCY2N  
Subject: SWIMMING MARATHON 2015



## **TRANSPORTATION**

Transportation on arrival and departure between Larnaca International Airport and the official hotels will be provided free of charge when accommodation is booked through the Cyprus Swimming Federation.

## **OFFICIAL DATES**

Arrival 1<sup>st</sup> October 2015

Departure 5<sup>th</sup> October 2015

## **DATES TO REMEMBER**

Preliminary entry and accommodation form with 50% prepayment: 20/08/2015

Final accommodation and travel form with balance payment: 10/09/2015

Final entry and delegation forms: 23/09/2015





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**Larnaca, 3-4 October 2015**

**PRELIMINARY ENTRY & ACCOMMODATION FORM**

Please return this form no later than the 20<sup>th</sup> of August 2015 either by  
Fax: 0035722449842 or by Email: koek@logos.cy.net  
and put in copy LEN Office: lenoffice@len.eu

**Federation:** .....

**Country Code:** ..... **Contact Person:** .....

**E-mail** ..... **Fax:** .....

**Phone:** ..... **Mobile:** .....

**COMPOSITION OF DELEGATION**

	Male	Female
<b>Swimmers</b>		
<b>Coaches</b>		
<b>Officials</b>		
<b>Total</b>		

**ROOMS REQUIRED**

**Sun Hall Hotel**  **Livadhiotis City Hotel**  **Atrium Zenon Hotel Apts**

	Number of Rooms	In	Out	Total Nights
<b>Single</b>				
<b>Double</b>				
<b>Triple</b>				

Date: .....

President or General Secretary: .....

Signature and Stamp: .....



**EUROPEAN OPEN WATER SWIMMING CUP FINAL LEG (LEN)**

**Larnaca, 3-4 October 2015**

**FINAL ENTRY FORM**

Please return this form no later than the 23<sup>rd</sup> of September 2015 either by Fax: 0035722449842 or by Email: koek@logos.cy.net and put in copy LEN Office: lenoffice@len.eu

**Federation:** .....

**Country Code:** ..... **Contact Person:** .....

**E-mail** ..... **Fax:** .....

**Phone:** ..... **Mobile:** .....

**5 KM MEN - TIME TRIAL**

Name	Surname	Date of Birth

**5 KM WOMEN - TIME TRIAL**

Name	Surname	Date of Birth

Date: .....

President or General Secretary: .....

Signature and Stamp: .....



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Larnaca, 3-4 October 2015

### FINAL ENTRY FORM

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and put in copy LEN Office: lenoffice@len.eu

Federation: .....

Country Code: ..... Contact Person: .....

E-mail ..... Fax: .....

Phone: ..... Mobile: .....

#### 10 KM MEN

Name	Surname	Date of Birth

#### 10 KM WOMEN

Name	Surname	Date of Birth

Date: .....

President or General Secretary: .....

Signature and Stamp: .....





## EUROPEAN OPEN WATER SWIMMING CUP FINAL LEG (LEN)

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### FINAL ACCOMMODATION AND TRAVEL FORM

Please return this form no later than the 10<sup>th</sup> of September 2015 either by  
Fax: 0035722449842 or by Email: koek@logos.cy.net  
and put in copy LEN Office: lenoffice@len.eu

Federation: .....

Country Code: ..... Contact Person: .....

E-mail ..... Fax: .....

Phone: ..... Mobile: .....

#### TRAVEL DETAILS

	Date	Time	Flight No	Arriving from	No of Persons
Arrival					

	Date	Time	Flight No	Departing to	No of Persons
Departure					

#### ROOMS REQUIRED

Sun Hall Hotel  Livadhiotis City Hotel  Atrium Zenon Hotel Apts

Single: ..... persons x ..... € x ..... nights = ..... €

Double: ..... persons x ..... € x ..... nights = ..... €

Triple: ..... persons x ..... € x ..... nights = ..... €

**Total:** ..... €

#### **Please pay by transfer to the following account:**

Beneficiary: CYPRUS SWIMMING FEDERATION  
IBAN: CY02 0020 0195 0000 3570 0983 4929  
Subject: SWIMMING MARATHON 2015

Bank: Bank of Cyprus  
SWIFT BIC: BCYPCY2N

Date: .....

President or General Secretary: .....

Signature and Stamp: .....

