



11TH CYPRUS INTERNATIONAL SWIMMING MARATHON



LARNACA, CYPRUS
3-4 October 2015



Dear Friends,

The Cyprus Swimming Federation is pleased to invite you to participate in the **11th Cyprus International Swimming Marathon** to be held in Larnaca, Cyprus, on 3-4 October 2015, during which the **European Open Water Swimming Cup Final Leg (LEN)** and the **Mediterranean Open Water Swimming Cup (COMEN)** will also be hosted.

ORGANISERS

The event is organised by the Cyprus Swimming Federation with the support of the Municipality of Larnaca.

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Phone: +357 22449841
Fax: +357 22449842
Email: koek@logos.cy.net
Website: www.koek.org.cy

LOCATION

Open sea area in front of Phinikoudes Beach, City of Larnaca.

The city of Larnaca is located on the southern coast of Cyprus, with a population of approximately 95,000 and is the third largest city after Nicosia and Limassol. It is home to the island's largest airport, Larnaca International Airport, which is located on the outskirts of the city to the south with excellent road links to the whole of the island. Larnaca also has the island's second largest commercial port and a marina, which are two of the four official entry points by sea into Cyprus.

Larnaca Salt Lake is a distinctive and picturesque landmark, consisting of a network of four salt lakes of different sizes, with an overall surface area of 2.2km², located just off the road leading to the airport. It is considered one of the most important wetlands of Cyprus and has been declared a special protected area and is a prominent domain for wild birds. The lake is home to 85 species of water birds and is a primary migratory passage through Cyprus. It is visited by flocks of pink flamingos that reside there from November until the end of March.

The city also has a number of other landmarks, which include the Church of Saint Lazarus; the Catacomb of Phaneromeni Church; Hala Sultan Tekke; Kamares Aqueduct and the Fort of Larnaca. Additionally, Larnaca has a Municipal Theatre and an Art Gallery.

The beautiful seafront promenade, Phinikoudes, is not only lined with palm trees, but also an array of popular seafood restaurants, bars and cafés predominantly visited by tourists.

RULES

The event will be conducted in accordance with FINA Open Water Swimming Rules and LEN Rules and Regulations.

ELIGIBILITY

Men and women, 15 years and older.

DISTANCE

5 km individual for men & women

10 km individual for men & women

COURSE

1250m long clearly marked as per the diagram below

Water temperature expected between 23°-26° C

The water depth will be between 2 and 4 meters



SCHEDULE

Friday, 02/10/2015

19.00 Technical Meeting

Saturday, 03/10/2015

06.45 Registration and warm-up for 10km

07.30 Registration closing

07.40 Last briefing

07.50 Swimmers' presentation

08.00 Start of 10km race for men

08.10 Start of 10km race for women

12.30 Awards ceremony

Sunday, 04/10/2015

09.00 Registration and warm-up for 5km

10.00 Registration closing

10.10 Last briefing

10.20 Swimmers' presentation

10.30 Start of 5km race for men

10.40 Start of 5km race for women

12.30 Awards ceremony

PRIZES

Cup and medal for the 1st place athletes and medals for the 2nd and 3rd place athletes in 5km and 10km men and women.

ACCOMMODATION

All hotels are within a short walking distance from the competition venue. Prices are per person per day full board (no drinks included) as follows:

Sun Hall Hotel ** (beach front)**

Single room	: 170.00 Euros
Double room	: 130.00 Euros
Triple room	: 120.00 Euros



Livadhiotis City Hotel

Single room	: 130.00 Euros
Double room	: 110.00 Euros
Triple room	: 100.00 Euros



Atrium Zenon Hotel Apts

Single room	: 120.00 Euros
Double room	: 100.00 Euros
Triple room	: 90.00 Euros



Room numbers are limited in each hotel and they will be allocated on a first come first serve basis. Cancellations within 15 days prior to arrival will be subject to 50% cancellation fee. Cancellations within 7 days prior to arrival will be subject to 100% cancellation fee.



PAYMENT

A 50% deposit of the accommodation costs must be paid until the 20th of August 2015 and the remaining balance must be paid until the 10th of September 2015.

Please pay only by wire transfer to the following account:

Beneficiary: CYPRUS SWIMMING FEDERATION
Bank: Bank of Cyprus
IBAN: CY02 0020 0195 0000 3570 0983 4929
SWIFT BIC: BCYPCY2N
Subject: SWIMMING MARATHON 2015

TRANSPORTATION

Transportation on arrival and departure between Larnaca International Airport and the official hotels will be provided free of charge when accommodation is booked through the Cyprus Swimming Federation.

OFFICIAL DATES

Arrival 1st October 2015
Departure 5th October 2015

DATES TO REMEMBER

Preliminary entry and accommodation form with 50% prepayment:	20/08/2015
Final accommodation and travel form with balance payment:	10/09/2015
Final entry and delegation forms:	23/09/2015





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PRELIMINARY ENTRY & ACCOMMODATION FORM

Please return this form no later than the 20th of August 2015 either by
 Fax: 0035722449842 or by Email: koek@logos.cy.net

Federation:

Country Code: **Contact Person:**

E-mail **Fax:**

Phone: **Mobile:**

COMPOSITION OF DELEGATION

	Male	Female
Swimmers		
Coaches		
Officials		
Total		

ROOMS REQUIRED

Sun Hall Hotel **Livadhiotis City Hotel** **Atrium Zenon Hotel Apts**

	Number of Rooms	In	Out	Total Nights
Single				
Double				
Triple				

Date:

President or General Secretary:

Signature and Stamp:



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FINAL ENTRY FORM

Please return this form no later than the 23rd of September 2015 either by
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Federation:

Country Code: **Contact Person:**

E-mail **Fax:**

Phone: **Mobile:**

5 KM MEN

Name	Surname	Date of Birth

5 KM WOMEN

Name	Surname	Date of Birth

Date:

President or General Secretary:

Signature and Stamp:



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Federation:

Country Code: **Contact Person:**

E-mail **Fax:**

Phone: **Mobile:**

10 KM MEN

Name	Surname	Date of Birth

10 KM WOMEN

Name	Surname	Date of Birth

Date:

President or General Secretary:

Signature and Stamp:



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FINAL ACCOMMODATION AND TRAVEL FORM

Please return this form no later than the 10th of September 2015 either by
 Fax: 0035722449842 or by Email: koek@logos.cy.net

Federation:

Country Code: **Contact Person:**

E-mail **Fax:**

Phone: **Mobile:**

TRAVEL DETAILS

	Date	Time	Flight No	Arriving from	No of Persons
Arrival					

	Date	Time	Flight No	Departing to	No of Persons
Departure					

ROOMS REQUIRED

Sun Hall Hotel Livadhiotis City Hotel Atrium Zenon Hotel Apts

Single: persons x € x nights = €

Double: persons x € x nights = €

Triple: persons x € x nights = €

Total: €

Please pay by transfer to the following account:

Beneficiary: CYPRUS SWIMMING FEDERATION
IBAN: CY02 0020 0195 0000 3570 0983 4929
Subject: SWIMMING MARATHON 2015

Bank: Bank of Cyprus
SWIFT BIC: BCYPCY2N

Date:

President or General Secretary:

Signature and Stamp:



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TEAM DELEGATION FORM

Please return this form no later than the 23rd of September 2015 either by
Fax: 0035722449842 or by Email: koek@logos.cy.net

Federation:

Country Code: **Contact Person:**

E-mail **Fax:**

Phone: **Mobile:**

TEAM DELEGATION

Name	Surname	Gender	Passport No	Birthday	Function

Date:

President or General Secretary:

Signature and Stamp: