



CYPRUS INTERNATIONAL OPEN WATER SWIMMING MARATHON 2,5 KM



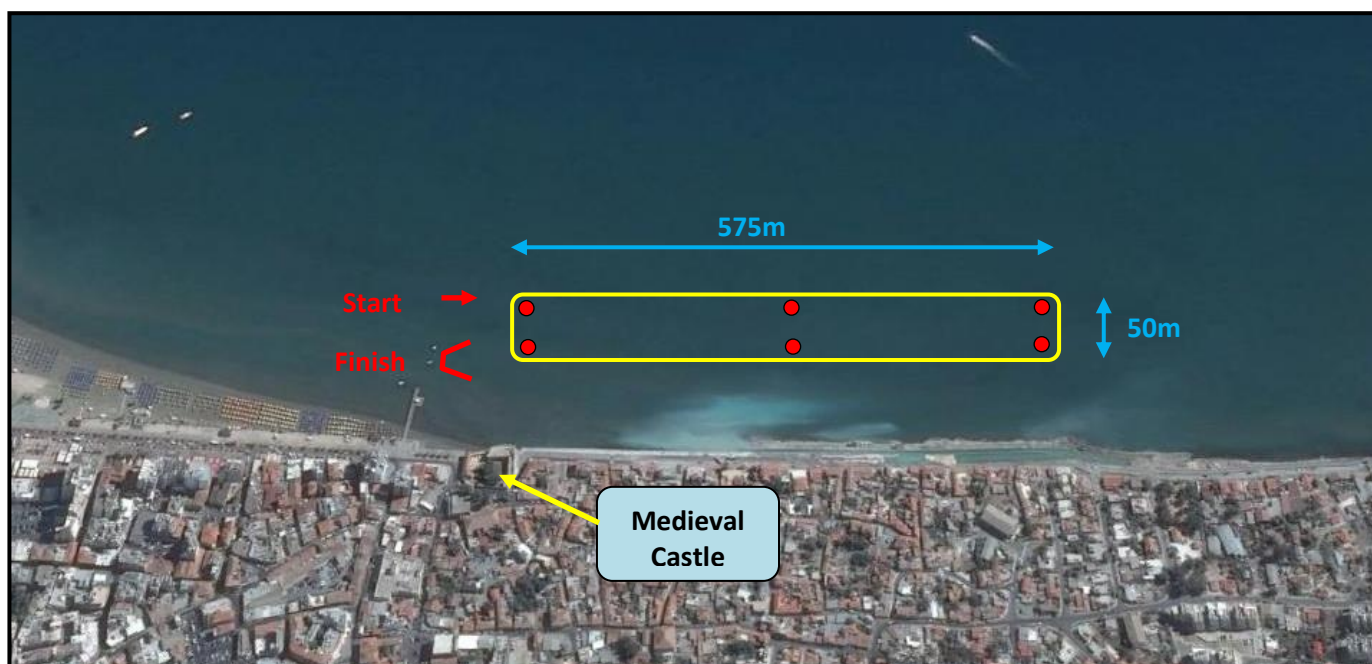
Larnaca, 9 October 2016

1. The race will take place during the **12th Cyprus International Swimming Marathon**, which will also host the **Mediterranean Open Water Swimming Cup (COMEN)**.
2. Men and women born in 2002 or earlier are eligible to participate.
3. The event will be governed by FINA and LEN rules and regulations.
4. All participants aged 18 years and older must be in good health and assume full responsibility for their participation by signing a declaration form.
5. All swimmers under 18 years of age must have a valid Cyprus Sports Organization health certificate (ASYA). Male and female swimmers will be ranked separately according to the following categories:

Category A: Born in 1996 - 2002
Category B: Born in 1976 - 1995
Category C: Born in 1975 and earlier
6. The meeting area for the swimmers will be on the beach right next to the small wooden pier near the Medieval Castle on Phinikoudes beach in Larnaca.



7. The start of the race will take place in the sea in front of the wooden pier. The course will be 1250m long clearly marked as per the diagram below:



8. The program of the competition is as follows:

10.00	Registration and warm-up
11.00	Registration closing
11.10	Last briefing
11.20	Swimmers presentation
11.30	Start of 2.5km race
12.30	Awards ceremony

9. Trophies will be awarded to the first men and women in each category. Medals will be awarded to the top three men and women in each category.
10. Before the start of the race each competitor must present to the Secretariat a valid passport or identity card and pay a participation fee of €20.
11. All swimmers registered with the Cyprus Swimming Federation that have a valid annual card as well as a valid Cyprus Sports Organisation health certificate may be registered for free by their swimming clubs.
12. Entry forms can be downloaded from the website of the Cyprus Swimming Federation **www.koek.org.cy** or can be sent upon request by calling 22449840. All entries must be submitted before **28th of September 2016, 12:00 noon.**



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INDIVIDUAL ENTRY FORM

Name: Surname:

Date of Birth: Nationality:

Telephone: Email:

ID or Passport No:

DECLARATION

I hereby declare that am aware of and appreciate the inherent risks involved in such competition and that I have recently been examined by a doctor. I am absolutely fit and healthy to participate in the above event.

The Cyprus Swimming Federation is not liable for any personal injury or any injury inflicted to other contestants from my mistake before, during or at the end of the events, or for any loss or damage to personal belongings.

Name: _____

Passport / ID Card: _____

Signature: _____ Date: _____

**Please return this form by 28th September 2016, 12.00 noon, either by
fax: +357 22449842 or email: koek@logos.cy.net**

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